



All Health Education RESOURCES

TOPIC	TITLE	Language(s)	CONTACT
Asthma & Smoking	Asthma & Smoking	Eng/Span	Partnership for Smoke-Free Families (858) 966-7585
Baby Bottle Tooth Decay	Keep Your Baby Smiling: Prevent Baby Bottle Tooth Decay	Eng/Span	Share the Care/Dental Health Initiative (619) 692-8858
Bike Safety	Bicycle Safety	Eng/Span	Center for Healthier Communities for Children www.chsd.org
Car Seats	4 Steps for Kids: Child Passenger Safety	Eng/Span	Buckle Up America www.buckleupamerica.org
CHDP Exams	No Cost Health Checkups for Children and Teens	Eng/Span	CHDP Health Promotion (619) 692-8486
Children in Foster Care	Health Checkups for Children in Foster Care	Eng/Span	CHDP Health Promotion (619) 692-8486
Children with Special Medical Needs	Caring for Children with Special Medical Needs	Eng/Span	California Children's Services www.dhs.ca.gov
Children with Developmental Disabilities	Facts About San Diego Regional Center	Eng/Span	San Diego Regional Center (858) 576-2996
Dental Health	Good Dental Health: Guidelines for You and Your Family	Eng/Span	Share the Care/Dental Health Initiative (619) 692-8858
Development	Developmental Milestones	English	CHDP Health Promotion (619) 692-8486
Feeding (Birth to 8 months)	Feeding Your Baby Birth to 8 Months	Eng/Span	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Feeding (6 to 12 months)	Feeding Your Baby 6 to 12 Months	Eng/Span	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Feeding (1 to 3 years old)	Feeding Your Baby 1 to 3 years old	Eng/Span	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Feeding (4 to 5 years old)	Feeding Your Baby 4 to 5 Years Old	Eng/Span	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Food Assistance	Food Assistance Directory: San Diego County WIC Locations by Zip Code	English	Nutrition Health Services (619) 542-4041
Food Pyramid	Use MyPyramid to Make Healthy Choices	Eng/Span	Dairy Council of California www.dairycouncilofca.org
Growing Up Healthy 1 – 3 Years	Growing Up Healthy	Eng/Span/Viet	CHDP Health Promotion (619) 692-8486
Growing Up Healthy 9 – 12 Years	Growing Up Healthy	Eng/Span/Viet	CHDP Health Promotion (619) 692-8486

HIV/AIDS	Understanding and Preventing HIV and AIDS	Eng/Span	California HIV/AIDS Hotline (800) 367-2437
Immunizations	Vaccine-Preventable Diseases	Eng/Span	San Diego County Immunization Program www.immunization-sd.org
Immunizations Schedule	Childhood Immunization Schedule	Eng/Span	San Diego County Immunization Program www.immunization-sd.org
Infectious Diseases	Common Infectious Diseases in Preschoolers	Eng/Span	Community Epidemiology Branch (619) 515-6620
Insurance	Connecting Families to Health... Get Care – Use It, Keep It!	Eng/Span	San Diego Kids Health Assurance Network (SD-KHAN) www.sdkhan.org
Lead Poisoning	Simple Steps to Protect Your Child from Lead Poisoning	Eng/Span	Childhood Lead Poisoning Prevention Program (619) 515-6694
Lice	In Search of Head Lice	Eng/Span	Community Epidemiology Branch (619) 515-6620
Mental Health	San Diego County Mental Health Care Services Phone Guide	English	Community Health Improvement Partners (CHIP) www.sdchip.org
Mouth guards	Sport a Safe and Healthy Smile	Eng/Span	Share the Care/Dental Health Initiative (619) 692-8858
Overweight Children	San Diego Childhood Overweight Resource Guide	Eng/Span	Coalition on Children and Weight San Diego www.ccwsd.org
Poisoning	Emergency Action for Poisoning	Eng/Span	California Poison Control 1 (800) 222-1222
Secondhand Smoke	Secondhand Smoke & Childhood Illnesses	Eng/Span	Partnership for Smoke-Free Families (858) 966-7585
Sexually Transmitted Diseases (STDs)	Sexually Transmitted Diseases, What You Need to Know	Eng/Span	CHDP Health Promotion (619) 692-8486
Shaken Baby Syndrome	Never Shake a Baby	Eng/Span	County of San Diego Child Welfare Services (858) 694-5191
SIDS & Smoking	Sudden Infant Death Syndrome & Smoking	Eng/Span	Partnership for Smoke-Free Families (858) 966-7585
Sudden Infant Death Syndrome (SIDS)	Taking Care of Your Baby	Eng/Span	California SIDS Program www.californiasids.org
Tuberculosis	Tuberculosis: Get the Facts	Eng/Span	Tuberculosis Control Program www.sandiegotbcontrol.org
Vision and Hearing	Vision Checklist/Hearing Checklist	Eng/Span	CHDP Health Promotion (619) 692-8486
Women, Infants, & Children (WIC)	WIC Works Wonders For You and Your Child	Eng/Span	California Women, Infants, & Children (WIC) www.wicworks.ca.gov